

D'OUPIA - LES **HERETIQUES** 2017

Adrian If you're in the market for a great bang for the buck from southern France, look no further than this Carignan and Syrah blend. As the story goes, it is named for a heretical Christian group that lived in the Languedoc but was wiped off the map by the Pope in the 13th century in retaliation for the murder of a papal representative. Chateau d'Oupia also dates back to this historic time and owns the sustainably farmed old vines, some of which reach 100 years old! The 90% Carignan and 10% Syrah blend makes for

a complex and hearty red that starts of bright and peppery on the nose and follows through **ADRIANES SELECTION**

with red and purple cherry on the palate with a nice dose of lavender and even meaty charcuterie. Balanced tannins and a lingering finish make this a bargain at this price, and it is fantastic with Sale soppressata and \$099 aged manchego. Cheers! eg. \$11.99

*Quantities limited





Well I know I feasted to my heart's content this Thanksgiving and thankful for it! I'm still feeling a bit stuffed so I'm feeling

extra thankful for this week's food pick; Lifetime cheeses. Lifetime is hands down the best fat free cheese on the market allowing you to snack and create meals with less fat, calories and cholesterol without sacrificing taste or quality. Using the highest quality ingredients to create standout winners every time, Lifetime cheeses are made with hormone free milk and are free of artificial colors, flavors, preservatives and animal rennet. Usually \$5.99 per 8oz block, all three flavors, Monterey Jack, Cheddar and Pepper Jack will be on sale this week for \$3.99! Cheers and Bon Appetit!

> * All wines listed 750ml unless otherwise indicated.

THIS IS JUST A SAMPLING OF THIS WEEK'S SALE SELECTION



Oskar Blues